

Gwinganna

TALLEBUDGERA
VALLEY, QLD

Nestled in the stunning Tallebudgera Valley, Gwinganna Lifestyle Retreat is one of few spas that are eco-certified. With yoga, pilates, hiking, meditation and organic cuisine available, it's the perfect place to recharge. If you want to indulge, Gwinganna's Spa Sanctuary offers a range of luxurious treatments, including Facial Harmony (\$150 for 50 mins) and Reiki Awakening (\$220 for 80 mins). Bliss! Call 1800 219 272 or visit www.gwinganna.com for more information.



CHILL-OUT SESSIONS

WANT TO START THE NEW YEAR FEELING
REFRESHED? WE'VE DONE THE HARD YARDS
AND FOUND THE BEST BEAUTY SPAS FOR YOU.

Rae's on Watagos

BYRON BAY, NSW

Keen to get away for some sun and surf? Make your way to Rae's on Watagos in Byron Bay for an unforgettable luxury experience – everyone from Owen Wilson to Diane Kruger and Kate Hudson has visited there! Come for the spa massage and stay for dinner at Rae's reputable restaurant. Seafood platter, anyone? Call 02 6685 5366 or visit www.raes.com.au for more information.



Ella Baché

AUSTRALIA-WIDE

Created in France in 1936 by Madame Baché, Ella Baché is the oldest family owned skincare company in the world. If that doesn't impress you, we know this will – its internationally renowned beauty spas and products are all designed to give you more beautiful, healthy looking skin. For a New Year's treat, try the 90-minute Earth Body Treatment (\$155), which works to accelerate the elimination of waste and fatty deposits, leaving the body contours smooth. It's the perfect way to reverse some of the damage done over the festive season. Call 1800 789 234 or visit www.ellabache.com.au for more information.



Alessandra Ambrosio



Chi

SHANGRI-LA HOTEL, SYDNEY, NSW

Inspired by Asian principles of harmony and balance, The Chi Spa in Sydney's Shangri-La Hotel is designed to give guests a place to escape the busy city. With six separate spa suites, there are plenty of relaxing beauty treatments on the menu for you to soak your senses. Call 02 9260 6000 or visit www.shangri-la.com for more information.



Endota

AUSTRALIA-WIDE

With spas in more than 60 locations nationwide, there's bound to be an Endota Spa near you. Using products from its organic skincare range – which you can stock up on after your treatments, with a percentage of the profits donated to Bush Heritage Australia – its therapies are designed to hydrate, smooth and rejuvenate skin. Our pick? The all-day Splash Out (\$475 for 5 hours), which includes a foot bath, body cleanse, facial massage and pedi. Call 1300 363 682 or visit www.endota.com.au for more information.



Aurora

ST KILDA, VIC

Whether you're after a two-hour or two-day escape, the world-class facilities at Aurora Spa Retreat will leave you completely relaxed. With a celeb client list that includes Paris and Nicky Hilton, Aurora has an array of indulgent options. The retreat's signature offering is the award-winning Kitya Karnu treatment (\$167 for 60 mins) – a salt exfoliation in a private steam room that incorporates a facial cleanse and hair treatment. Call 03 9536 1130 or visit www.auroraspa retreat.com for more information.

